



"I literally do not have the words to describe how deeply affected and moved I am by your beautiful voice, music, and songs. I've been suffering from a pretty bad bout of anxiety, grief, doubt, and fear as of late. It's been pretty debilitating and listening to your album has been a very cathartic, cleansing, and healing experience for me. You are truly a healer and bearer of light. Thank you for sharing your beautiful gifts with the world." – Tanya"

ABOUT

RACHEL MCGARRY

Rachel McGarry is a Canadian devotional chant artist based in London, Ontario, who has become known for her soul-stirring melodies and enchanting Kirtan performances. Her captivating voice and heartfelt compositions have allowed her to carve out a unique space in the world of devotional music.

She says: *"My purpose is to create music that heals the world and our connection with the Divine."*

As she grows as an artist, Rachel continues to create music that evokes a deep sense of tranquility, healing, and connection to the divine feminine. This growth is showcased in her second album, SHE RISES, which features a stunning collection of powerful songs.

Rachel's voice has been hailed by international recording artist Brenda McMorrow as "sublime... soaring with loving tenderness and beauty."

From a young age, Rachel was drawn to the power of music and its ability to foster connection and healing. Over the years, she has honed her craft and immersed herself in the study of various musical traditions, particularly those with roots in spirituality and ancient wisdom. Rachel's music has been inspired by her yoga studies, her personal experiences, and the rich tapestry of human emotions.

In addition to her music career, Rachel is a dedicated yoga teacher (RYT-1000), with a passion for integrating her original compositions into her classes. Her love for yoga began in 1995, and she has since explored various styles and philosophies, deepening her understanding and appreciation of the practice. As a teacher since 2017, Rachel has been committed to sharing the transformative power of yoga with others.

Rachel's distinctive approach to teaching yoga involves singing and playing her songs live during classes, creating an unparalleled experience for her students. This unique blend of music, sound healing, and yoga allows participants to fully immerse themselves in the practice and experience a deeper connection to their mind, body, and spirit. Through this integrated approach, Rachel has been able to touch the lives of many, providing nourishment and transformation to those who attend her classes and workshops.

Rachel's dedication to both music and yoga has also led her to offer specialized trainings in Bhakti Yoga, a path that emphasizes devotion and love as a means to spiritual growth. She has assisted in yoga teacher trainings for Restorative Yoga, Kirtan, and Anatomy with the DevaTree School of Yoga, sharing her expertise and helping to shape the next generation of yoga teachers.

Rachel's journey as a musician and yoga teacher has been shaped by her passion for self-expression, healing, and connection. Her devotion to her craft is evident in the beautiful, transformative experiences she creates for her listeners and students alike. With the release of her second album, SHE RISES, Rachel continues to inspire and uplift, using her art as a vehicle for spreading love, compassion, and unity throughout the world.

Whether through her music, her yoga classes, or her work as a teacher and mentor, Rachel's mission is to create spaces where people can come together, explore their inner worlds, and discover the power of healing and transformation that lies within each and every one of us.

rachelmcgarry.ca
rachel@rachelmcgarry.ca
IG & FB: @rachelmcgarrymusic

Discography:

"SHE RISES" May 2023

"Songs for Savasana" August 2019

Awards:

2024 Best World/Chant Album, New Age Notes Radio Music Awards

2024 Forest City London Music

Award: World Artist

Currently Rachel is deeply committed to empowering women to discover the strength of their own voices through her Sacred Singing Sessions. She also uses the healing vibrations of crystal bowls to facilitate transformative Sound Baths in and around London, Ontario.

Reach out for more info or to book Rachel for your special event!

